

RACE AWAY

From Domestic Violence

5K Run/Walk/Wheelchair Roll

Saturday, June 1, 2019



Presented by



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ENTERTAINMENT®

Who We Are

The Indiana Coalition Against Domestic Violence is a not-for-profit organization whose mission is to work for the prevention and elimination of domestic violence – until the violence ends.

What

The ICADV Race Away From Domestic Violence is a 5K (3.1 mile) Run/Walk/Wheelchair Roll open to people of all ages and abilities.

When

Saturday, June 1, 2019

Event Schedule:	Registration/Packet Pickup	6:45-7:55 a.m.
	Opening Ceremonies	7:40 a.m.
	Start of 5K	8:00 a.m.
	Kids' Activities	8:00 a.m.
	Awards Ceremony	9:20 a.m.

Where

City Market, West Plaza, 222 E. Market St, Indianapolis, IN.

REGISTRATION

Online registration and printable registration forms are available on the ICADV website at www.icadvinc.org.

All pre-registration (teams and individuals)
ends Thursday, May 30 at 12 noon.

Pre-registration packet pickup (optional) Friday, May 31
from 8 am – 6 pm at the ICADV office

Teams

Teams are an important part of the success of the Race Away From Domestic Violence. Form a team with family, friends or work colleagues. Become a team captain and lead your team as they race to help end domestic violence. Team captains will receive awards based on the number of racers on their team.

Team participants are encouraged to show their pride by wearing team T-shirts or anything else that sets your team apart.

- **Packet Pickup:** To avoid the race day rush, team captains and individuals may pick up their race packets early at ICADV, 1915 W. 18th Street, Suite B, Indianapolis on Friday, May 31 from 8 a.m. to 6 p.m. Packets will also be available at the event.
- **Team Awards:** The three teams with the most participants will be awarded plaques in recognition of their participation. The three teams that raise the most money will receive awards.

IHSAA

IHSAA has confirmed that their athletes can participate in this event without affecting their seasonal eligibility.

Pledges/Fundraising

ICADV has a fundraising page at

<https://www.firstgiving.com/event/icadv/RAFDV2019>

You can securely use Firstgiving to:

- Create a fundraising page for yourself and your team
- donate to the race.
- invite your friends, family, neighbors and colleagues to help you raise money to end domestic violence.

You can also collect pledges using the pledge form created for you at www.icadvinc.org. Pledge forms and money may be turned in at the event or to ICADV by June 10, 2019. Awards will be given to the top three individual fundraisers. The three teams that raise the most money will also receive awards.

Course

Start/finish will be near the west plaza of City Market, on Delaware Street between Market and Ohio streets.

Parking

Public parking is available in garages and on the street in the surrounding area. Visit this website for details: <http://www.downtownindy.org/get-around-downtown/park/>

Rest and Recovery

Join us at the R & R area after the race. Water, fruit and snacks will be provided. Race sponsors will also host displays and distribute promotional materials.

Timing Device

The 5K competitive race will be timed using an IPICO timing device.

Awards

Gift certificates will be given to the top three male and female finishers overall. Awards for the top three finishers in each age division in the 5K events will be given. The top three wheelchair event finishers will also receive awards.

Youth Awards

Trophies will be awarded to the top three boys and girls age divisions; 12 and under, 13-14, and 15-19. All finishers 12 and under in the 5K competitive race will receive finisher medals.

