

Listening Session Question Guide



The Center for Women and Families Survivor Focus Group (Empowerment Program)

The goal of the Empowerment Program is for The Center to continue to offer engagement and leadership opportunities for survivors that have graduated from our Mobile Advocacy Program at our Indiana Center. We have heard from survivors that they want to stay connected with The Center, with other survivors, or take action about the prevalence of intimate partner violence and/or sexual violence. We hope that through the Empowerment Program, we will help current/future survivors make connections and meet some of these goals. Your participation in this focus group will be the first step in understanding more about the needs of survivors after case management. Your input will inform the direction of the program for current and future clients of The Center.

Questions:

- 1) This is a list of potential activities that a survivor could choose to participate in. We would like your feedback on these activities. Do you have any reservations about any item on this list, if so, please share any concerns?
 - a) Survivor Council
 - b) Survivor led (Support) Group
 - c) Survivor talks/ sharing story/ Speak Out
 - d) Internal Southern Indiana Center Committee(s)
 - e) Southern Indiana Partnership Council (1 Term)
 - f) Safety Planning workshops (Survivor led)
 - g) Survivor-led Workshops
 - h) Alumni email (Newsletter, events, etc.)
 - i) Peer support/mentor
- 2) What type of activities do you believe other survivors would you be interested in participating in after case management/completing the Mobile Advocacy Program?
- 3) After you have completed case management services with The Center, how much time would you need before someone contacts you for services related to the Empowerment Program?
- 4) Some of the activities would involve a survivor leading. What do you believe a survivor would need to feel comfortable leading one or more of the activities listed/discussed?
- 5) Should the length of time out of trauma be considered in readiness to participate in leading an activity (i.e. sharing a story publicly or leading a support group)? If so, how much time would you suggest?
- 6) If training were available, what training topics do you think would be most useful?
- 7) If training were available, how much time would you be willing to commit to (1-40 hours)?
- 8) If levels of training were available, would you be more likely to participate in training (time committee for training would vary based on survivors' choice in which activities they want to participate in)?
- 9) What kind of support would you want from a peer versus from an advocate?
- 10) What is your definition of Peer support versus Advocate support?
- 11) What resources would you need to speak about your experience in writing or verbally